Potential is Limitless

Spring 2020

### Dear LCS Friends,

I hope that this finds you and your loved ones taking good care of yourselves during this uncertain time. While there is so much happening that feels out of our control, there is one thing that we can control: our thoughts and how we choose to respond to those thoughts. Whether we react from a place of fear or dig deeper to respond from a place of calm and hope... we get to choose how we will get through this crisis.

I want to assure you that the LCS Team is aligned to keep LCS' mission at the forefront of what we are doing each day during the pandemic. Although most of us are working remotely, we are still taking the time to connect with the people we serve as a priority. Please know that during this time (as always) we are committed to engaging in creative thinking to design even better community focused service options for the people we support.

On behalf of LCS, please take good care. I hope that during this difficult time; you can find a good book to read, take a walk, plant some seeds, learn something new, or find whatever it is that will help you get through the pandemic in a way that will bring you some enlightenment, peace, and joy.

-Mary Beth Popchock, Executive Director

LCS' mission is to provide training and community engagement for youth and adults of varying abilities to enhance their self-esteem and quality of life.

**"POTENTIAL IS LIMITLESS"** 

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# Welcome to the LCS Team!



Sandra began her career as a Job Coach at LCS on February 28, 2020. She enjoys her job because she says, "it's a great reward to be able to help others to succeed." She has three children, and her hobbies include reading and learning how to crochet.

Antoinette started working as a Connect Coach at LCS on March 4, 2020. What she likes best about her job is helping others and being a positive influence in their lives. In her spare time, she enjoys skating and spending time with her family and friends.

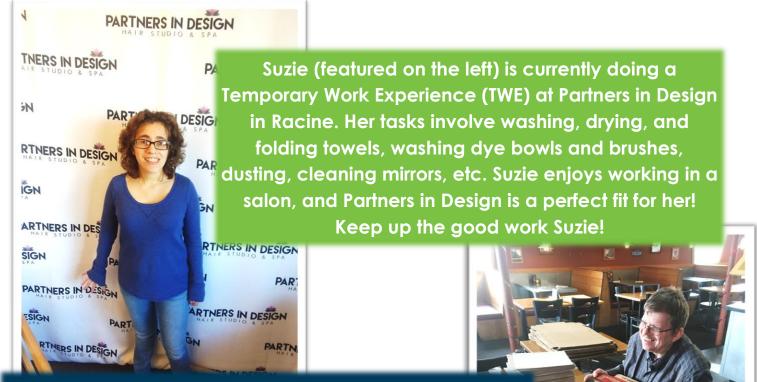




Glorious was hired at LCS on March 4, 2020 as a Job Coach. She has been working in the health field since 2012. Glorious enjoys her new position because she gets to see and feel the happiness that she brings to individual's lives. In her spare time, Glorious loves to sing.

# **LCS Success Stories!**

All stories were made possible through LCS' partnership with the Division of Vocational Rehabilitation (DVR).



Don (featured on the right) did a Temporary Work Experience (TWE) at Pizza Hut from December of 2019 to February of 2020. His tasks involved assembling pizza boxes, placing card inserts inside the pizza boxes, and filling small take out sauce cups with pizza sauce. He did a great job and learned a lot during his time at Pizza Hut! LCS Community Services Gives Back to the Community Where we Enjoy Sharing Our Time and Talents!

> On the left side, is a group picture of some participants who toured UW Parkside for their MLK Celebration that took place in January. This tour was created to celebrate Martin Luther King, Jr.'s life and legacy during his birthday month.

The picture on the right features a group of participants who recently went on a tour of Uline. During the tour, they saw different areas of work and watched how items were picked, packaged, and sent down the conveyor belt to be weighed.



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# LCS Participants Expand Their Knowledge of Living Independently with Classes and Tours from Wisconsin Universities!





In January, a group of LCS participants took a tour of Marquette University to learn about their "On Your Marq" program, which is a college success program designed to assist Marquette students on the autism spectrum in navigating the college landscape. The top left picture features the group listening to their tour guide on campus, and the picture on the top right features the group inside the Joan of Arc Chapel.

On Every Thursday throughout the months of January and February, Mary and Sarah, instructors from the University of Wisconsin-Madison Division of Extension, taught a group of participants how to be "Rent Smart." This program involved learning how to make a budget, planning for monthly expenses, finding affordable housing, completing a rental application, and communicating with your landlord. In the top left picture, Mary and Sarah are instructing one of the "Rent Smart" classes at LCS, and in the picture on the top right, Mary is posing with a group of participants that just completed the "Rent Smart" program.

# **Important Dates to Remember in 2020!**

## Save the Date...

Holiday Party – **December 4, 2020** LCS Community Food Truck Rally and Flower Sale – **Cancelled** 

# Holidays/Dates LCS is Closed...

Memorial Day – **May 25, 2020** 

Independence Day - July 3, 2020

Labor Day - September 7, 2020

Volunteer Day – September 18, 2020

Thanksgiving - November 26, 2020 and November 27, 2020

Christmas – December 24, 2020 and December 25, 2020

New Year's - December 31, 2020 and January 1, 2021



## **Executive Team**

Executive Director, Mary Beth Popchock Director of Community Services, Alison Hoffman Director of Human Resources, Paula Albright Director of Operations, Michael Snodgrass Marketing and Administrative Coordinator, Alison Howen

## 2020 LCS Board of Directors

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2503 Lincolnwood Court

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